



# Lecture 4

## Holistic Development and Role of Education

## Desire, What We Want to Be

Do we want to be happy?

**D;k ge lq[kh gksuk pkgrs gSa\**

Do we want to be prosperous?

**D;k ge le`) gksuk pkgrs gSa\**

Do we want the continuity of happiness and prosperity?

**D;k ge lq[k] le`f) dh fujarjrk pkgrs gSa\**

## State of Being, What We Are

Are we happy?

**D;k ge lq[kh gSa\**

Are we prosperous?

**D;k ge le`) gSa\**

Is there continuity of our happiness and prosperity?

**D;k gekjs lq[k] le`f) dh fujarjrk gS\**

**Why this gap?**

- between our desire and our state of being
- between what we really want to be and what we are

**What are we doing to fill this gap? Is it getting filled up or getting wider?**

**We will explore into this**

## Desire pkguk

Do we want to be happy?

**D;k ge lq[kh gksuk pkgrs gSa\**

Do we want to be prosperous?

**D;k ge le` ) gksuk pkgrs gSa\**

Do we want the continuity of happiness and prosperity?

**D;k ge lq[k] le`f) dh fujarjrk pkgrs gSa\**

Have we assumed that happiness and prosperity will be ensured when we have enough physical facility?

What effort are we making, other than accumulation of physical facility?

## Effort djuk

Is our effort (**gekjk iz;kl**):

– For continuity of happiness and prosperity?

**lq[k] le`f) dh fujarjrk ds vFkZ esa gS**  
or **;k**

– Just for accumulation of physical facility?

**dsoy lqfo/kk&laxzg ds vFkZ esa\**



## Physical Facility is Necessary...

When an animal has lack of physical facility it becomes uncomfortable, when it gets physical facility it becomes comfortable

Eg. When a cow gets a stomach-full of grass, it becomes comfortable, sits and chews the cud

**i'kq dks lqfo/kk dk vHkko gksrk gS] rks og ijs'kku gksrk gS] lqfo/kk fey tk, rks og vkjke esa vk tkrk gS] (tSl isV Hkj ?kkl fey tk, rks xk; vkjke ls tqxkyh djrh gS)A**

When a human being has lack of physical facility, he becomes uncomfortable and unhappy

But once he gets the physical facility, he forgets about it and starts thinking about hundred other things

**euq"; dks lqfo/kk dk vHkko gksrk gS] rks og ijs'kku o nq%[kh gksrk gS]**

**ijarq lqfo/kk fey tk, rks mlds ckjs rks Hkwy gh tkrk gS] mlds vykok lkS vkSj phts yxrk gSA**



(Check for yourself if you feel happy every day that you are getting enough to eat?)

**(vki gh vius esa tkap dj ns[ksa] D;k vki bl ckr ij jkst [kq'k gksrs gSa fd vkidks isV Hkj Hkkstu fey jgk gS\)**

## Something more is required (over and above physical facility)

Physical facility is necessary for human being

but

something more is also required

## To find out what else is required (over and above physical facility)

Check: Is the unhappiness in our families

- More due to lack of physical facility or
- More due to lack of fulfillment in relationship?

**vkids ifjokj esa tks nq%[k gS] og lqfo/kk ds vHkko esa T;knk gS ;k laca/k dk fuokZg u gksus ds dkj.k T;knk gS\**



## To find out what else is required (over and above physical facility)

How much time and effort are we investing:

- For physical facility
- For fulfillment in relationship

**vki lqfo/kk tqVkus ds fy, fdruk le; o iz;kl yxk jgs gSa vkSj laca/k dk fuokZg ds fy, fdruk le; o iz;kl yxk jgs gSa\**

The unhappiness is more due to lack of fulfillment in relationship

Most of the time and effort is spent for physical facility

**nq%[k laca/k dk fuokZg u gksus ds dkj.k T;knk gS( ijUrq] le; o iz;kl lqfo/kk ds fy, T;knk yxk;k tk jgk gS**

## For Human Being, Relationship is also Necessary

For human being physical facility is necessary but relationship is also necessary

**ekuo ds fy, lqfo/kk Hkh vko';d gS] ijarq laca/k Hkh vko';d gSA**

On examining carefully, we find that this is a fundamental difference between animals and human being

**/;ku ls ns[ksa rks ekuo o i'kq ds chp ;g ,d ewyHkwr varj gSA**

Physical facility is necessary for animals and necessary for human being also

**lqfo/kk i'kq ds fy, vko';d gS] euq"; ds fy, Hkh vko';d gSA**

However, **ijarq]**

For animals physical facility is necessary as well as adequate

**i'kq ds fy, lqfo/kk vko';d Hkh gS vkSj iw.kZ Hkh gS]**

For human being physical facility is necessary but not adequate

**euq"; ds fy, Hkh lqfo/kk vko';d gS ij iw.kZ ugha gSA**



# In Addition to Physical Facility, Relationship is Necessary

For human beings physical facility is necessary but relationship is also necessary

**ekuo ds fy, lqfo/kk Hkh vko';d gS] ijarq laca/k Hkh vko';d gSA**

RELATIONSHIP  
**laca/k**  
with human being

PHYSICAL FACILITY  
**lqfo/kk**  
With nature

For animals:  
necessary & largely  
adequate

i'kq ds fy,  
vko';d  
,oa iw.kZ

For human beings:  
necessary but not  
adequate

ekuo ds fy,  
vko';d  
ijarq iw.kZ ugha

## Although we have Recognised the need for Relationship...

We do get into arguments, opposition and fights... even in the family, with close friends, with colleagues at work... in the marketplace...

Every time we have a fight, we want to resolve it...

We say sorry, patch up and promise not to fight in future but...

Even though we don't want to, a fight does take place once again

(we want the other to improve... and the other wants us to improve...)

Is this happening?

Are incidences of reaction... not speaking to the other... arguments... debates... divorce... increasing or decreasing?

Explore your close relationships – in the family, with friends, in the workplace, in the society

In spite of our acceptance for relationship, why is it happening?

# Let's check our Perspective about Relationship

Let us find out if

1. We want to live in relationship (harmony) with others or
2. We want to live in opposition with others or
3. We believe living has to be necessarily in opposition with others, i.e. There is 'struggle for survival' , 'survival of the fittest' and check if we feel happy living this way?

**vki gh vius esa tkap dj ns[ksa]**

**1- vkidh pkguk laca/kiwoZd thus dh gS ;k**

**2- vkidh pkguk fojks/kiwoZd thus dh gS ;k**

**3- vkius eku j[kk gS fd thuk rks fojks/kiwoZd gh laHko gSA 'struggle for survival', 'survival of the fittest' vkSj D;k vki oSlk thrs gq, lq[kh gksrs gSa\**



What is our present perspective? Which view do we promote?

(at home, in the family... in schools and colleges... and in the society)

Is it the naturally acceptable view?

# Right Understanding is also Essential for Human Being

For fulfilment in relationship, it is necessary to have right understanding about relationship

i.e. Right understanding is also necessary for human being

With right understanding:

- We have clarity about relationship with human being; we are able to fulfil relationship
- We also have clarity about how much physical facility we need

# Right Understanding is also Essential for Human Being

**RIGHT UNDERSTANDING**  
**(le > )**  
**in the self**



**RELATIONSHIP**  
**(laca/k)**  
**with human**  
**being**

**PHYSICAL FACILITY**  
**(lqfo/kk)**  
**with rest of nature**

**For animals:**  
**necessary & largely**  
**adequate**

**For human beings:**  
**necessary but not**  
**adequate**

Are all 3 required? Is something redundant? Is anything more required?

Are we working on all 3?

If all 3 are required, what would be the priority\*?

\*Working on the high priority facilitates the realisation of the lower priority

1 RIGHT UNDERSTANDING

(le>)  
in the self

2

RELATIONSHIP  
(laca/k)  
with human  
being

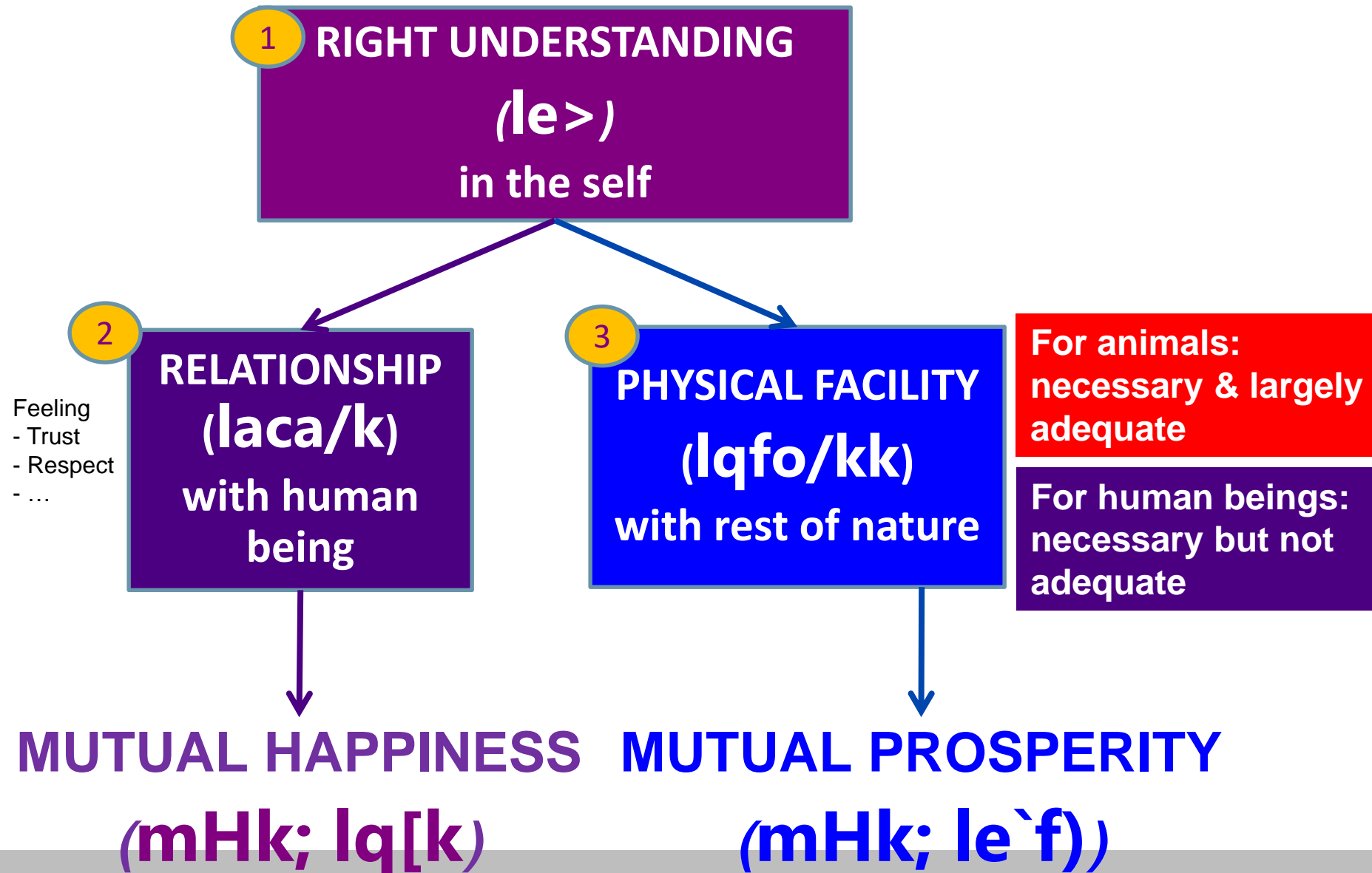
Feeling  
- Trust  
- Respect  
- ...

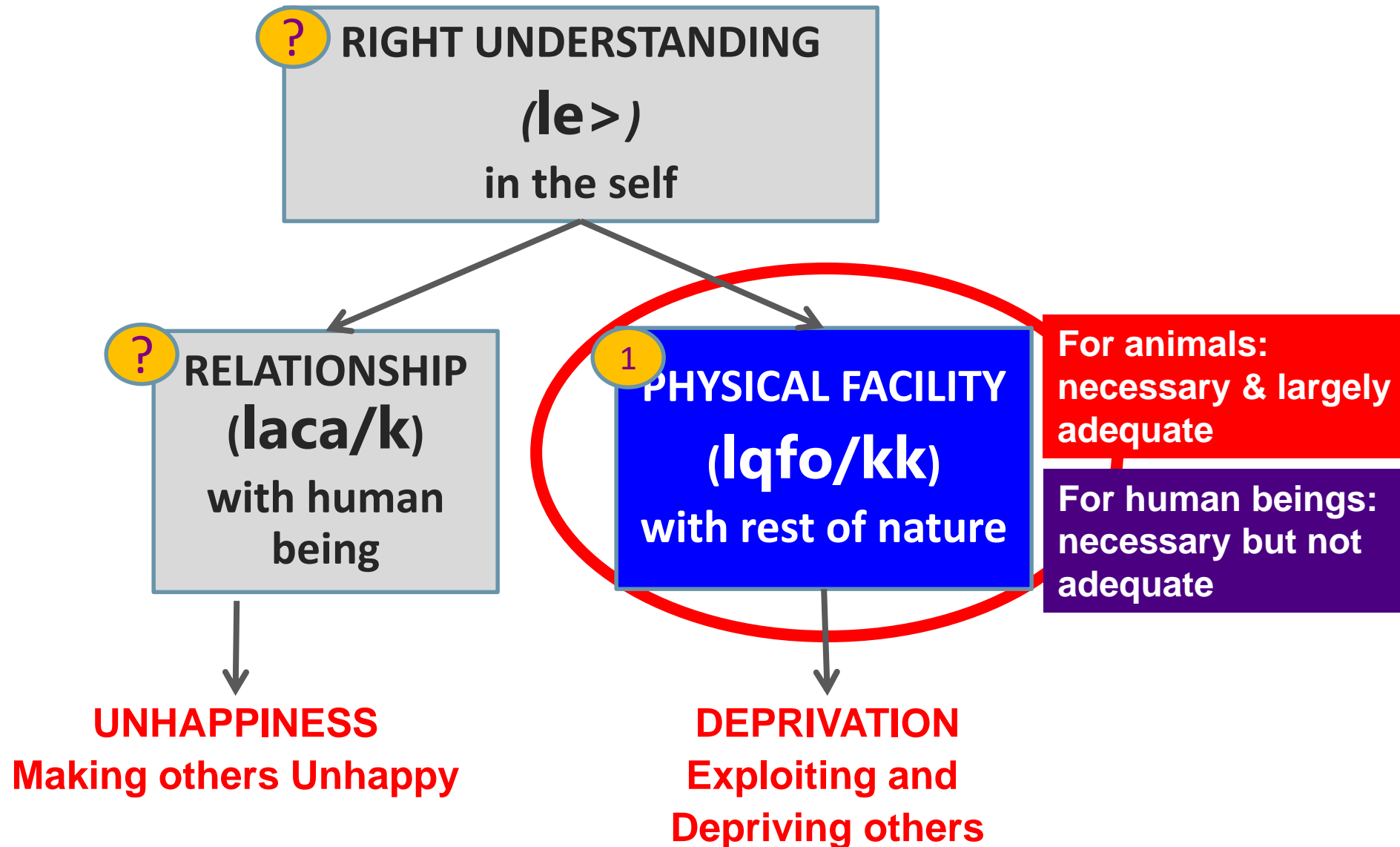
3

PHYSICAL FACILITY  
(lqfo/kk)  
with rest of nature

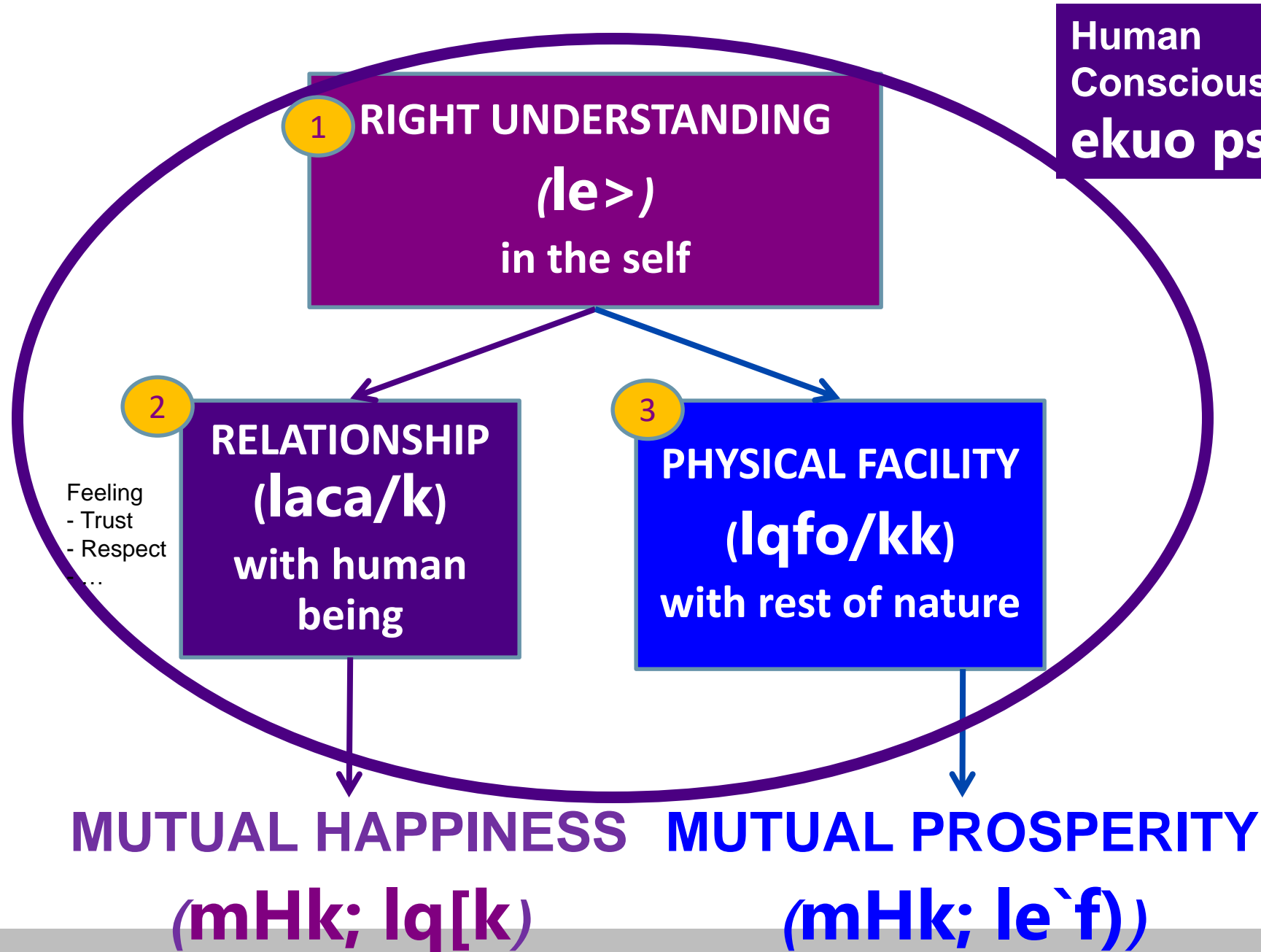
For animals:  
necessary & largely  
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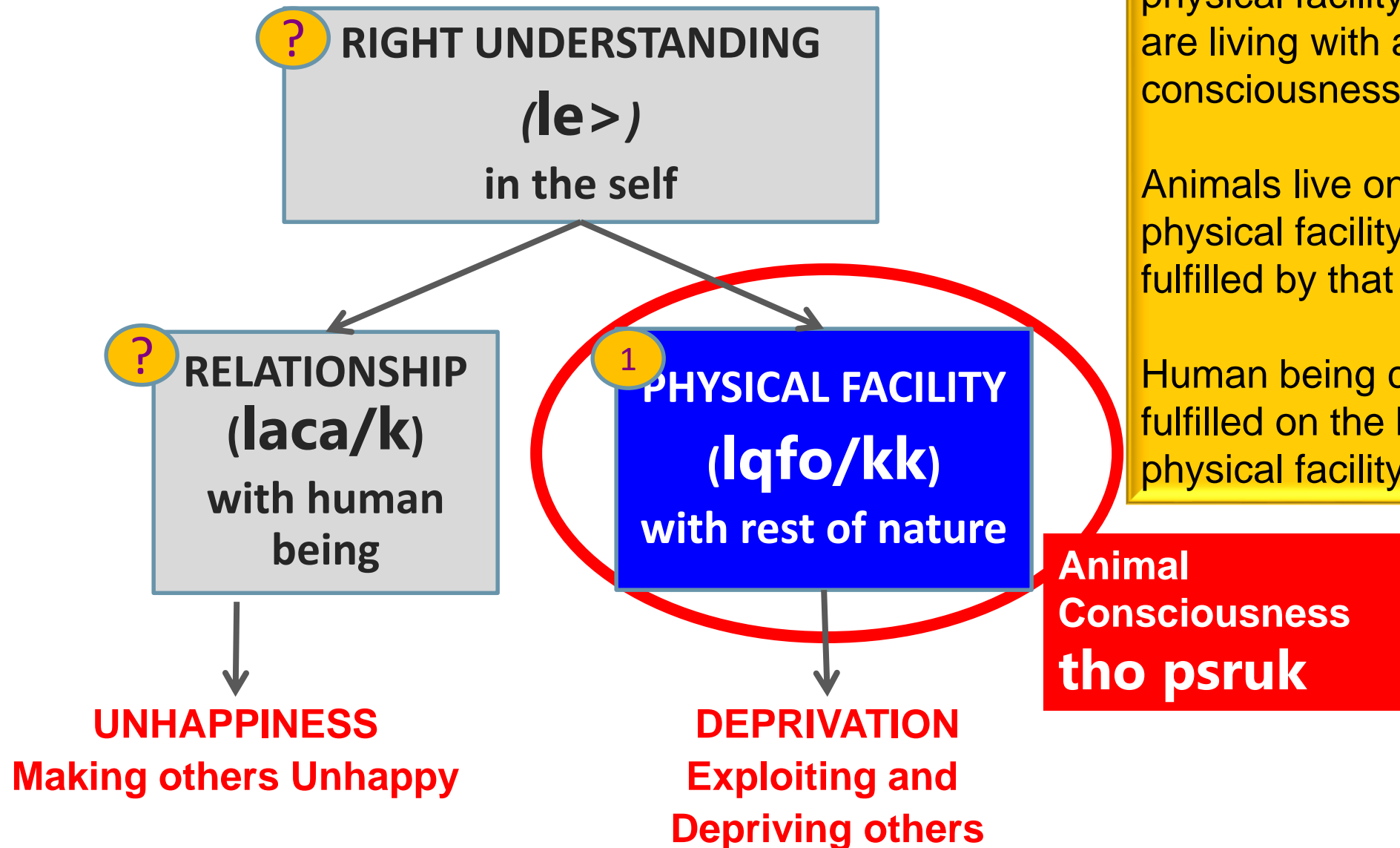






If we are living with all three (right understanding, relationship and physical facility, in that priority order) then we are living with human consciousness

Human being can be fulfilled (be happy and prosperous) on the basis of these three



If our living is only for physical facility, then we are living with animal consciousness

Animals live only for physical facility and can be fulfilled by that

Human being can not be fulfilled on the basis of physical facility alone

Animals living with  
animal consciousness

they are in harmony

this is fine

Human being living with  
human consciousness

they are in harmony

this is fine

Human being living with  
animal consciousness

they are in disharmony

this is the  
problem

# Since we generally don't have clarity about our physical needs...

In the society, we can observe two categories of human beings

**blhfy, vHkh nks rjg ds euq"; fn[kkbZ nsrs gSa&**

1. Lacking physical facility, unhappy deprived (**lqfo/kk foghu nq[kh nfjnz** )
2. Having physical facility, unhappy deprived (**lqfo/kk laiUu nq[kh nfjnz** )

While we want to be – **tcfD ge gksuk pkgrs gSa&**

3. Having physical facility, happy prosperous (**lqfo/kk laiUu lq[kh le`)**)

Find out

- Where are we now – at 1, 2 or 3 and
- Where do we want to be?

**vius esa tkap dj ns[ksa&**

- **vHkh ge dgka gS\& 1] 2 ;k 3 esa vkSj**
- **dgka gksuk pkgrs gSa\**



# Resources are already in Plenty!

**Of the 4.2 billion tons of food produced, more than 1 billion tons of food is lost or wasted every year, UN-backed report finds (11 May 2011)**

About a third of all the food produced for human consumption each year – or roughly 1.3 billion tons – is lost or wasted, according to a new study commissioned by the United Nations Food and Agriculture Organization (FAO)

**Global Food Production is 6 times requirement**  
**Global Food Wastage is 1/3<sup>rd</sup> of production**  
**Wastage is enough to feed 1300 crore people/year**

Have we understood right utilisation?

Is it a question of production?

Is it a question of distribution?

Is it a question of relationship?

Is it a question of right understanding?

**It is a question of education**

<http://www.un.org/apps/news/story.asp?NewsID=38344&Cr=fao&Cr1>



# Transformation (ladze.k) = Holistic Development (fodkl)

Is development just in increasing physical facility or development is ensuring of all 3?

Is this transformation desirable?

Are we making effort for it?

Do we need to make effort for it?



Transformation & Progress  
ladze.k & fodkl



We will explore into the effort required for transformation, for holistic development



# Role of Education-Sanskar: To Enable Transformation

Holistic development is transformation to Human Consciousness

The role of education-sanskar is to enable this transformation by way of ensuring the development of the competence to live with human consciousness and definite human conduct

For this, it has to ensure

1. Right understanding in every child
2. The capacity to live in relationship with the other human being
3. The capacity to identify the need of physical facility,  
the skills and practice for sustainable production of more than what is required – leading to the feeling of prosperity

## Required for Transformation

1. Right understanding in every child
2. The capacity to live in relationship with the other human being
3. The capacity to identify the need of physical facility,  
the skills and practice for sustainable production of more than what is required  
right utilisation of physical facility  
leading to the feeling of prosperity

## Present State

Missing

Missing

Identification of need of physical facility is missing.

The willingness to produce by way of labour is also missing.

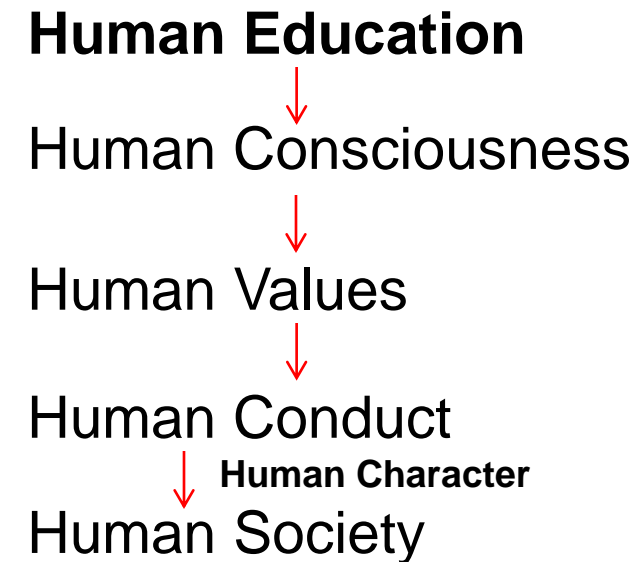
The core feeling generated is  
to accumulate more & more,  
to consume more & more,  
(rather than to produce more & more...)



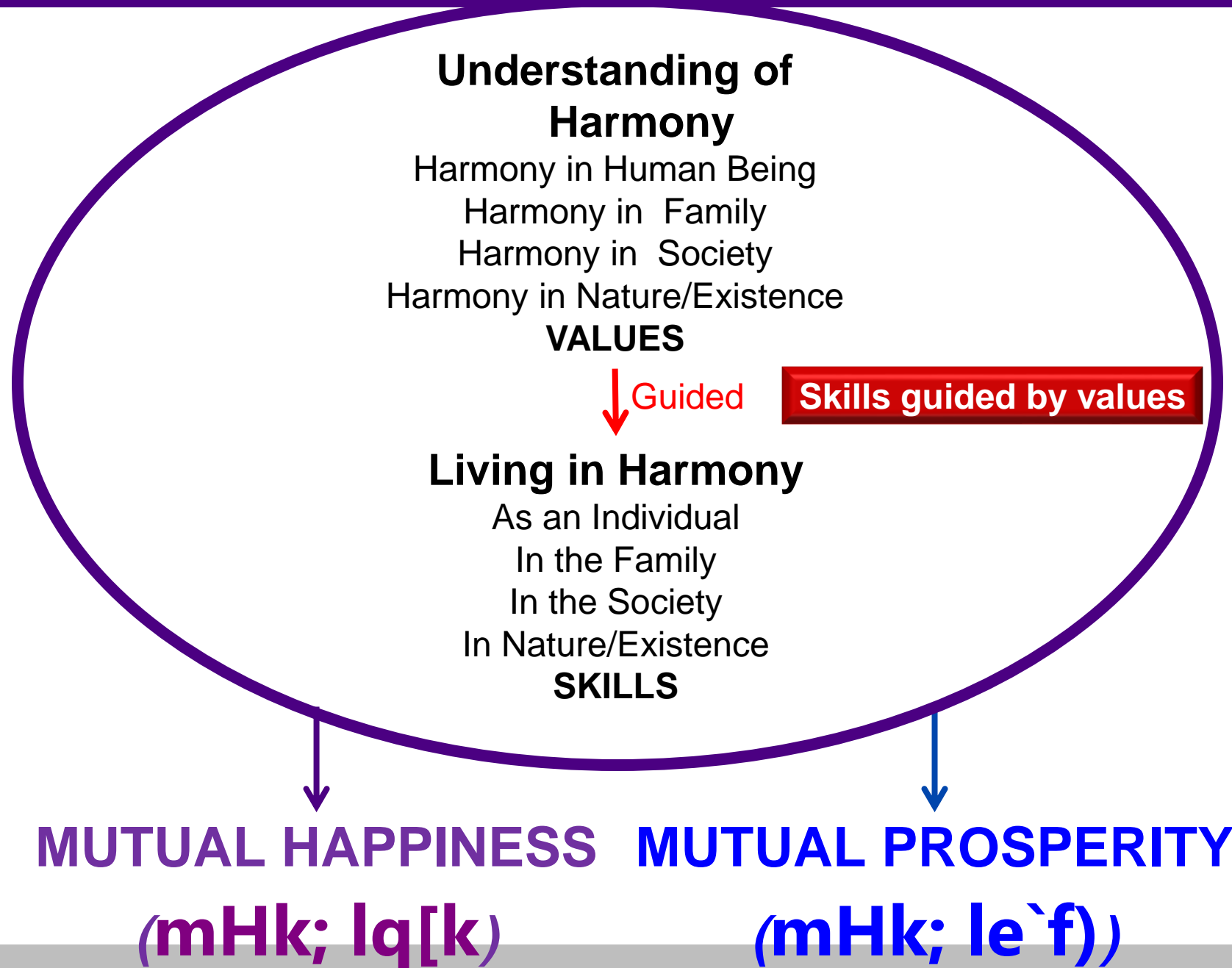
# Problems = Indication of Lack of Effort for Holistic Development

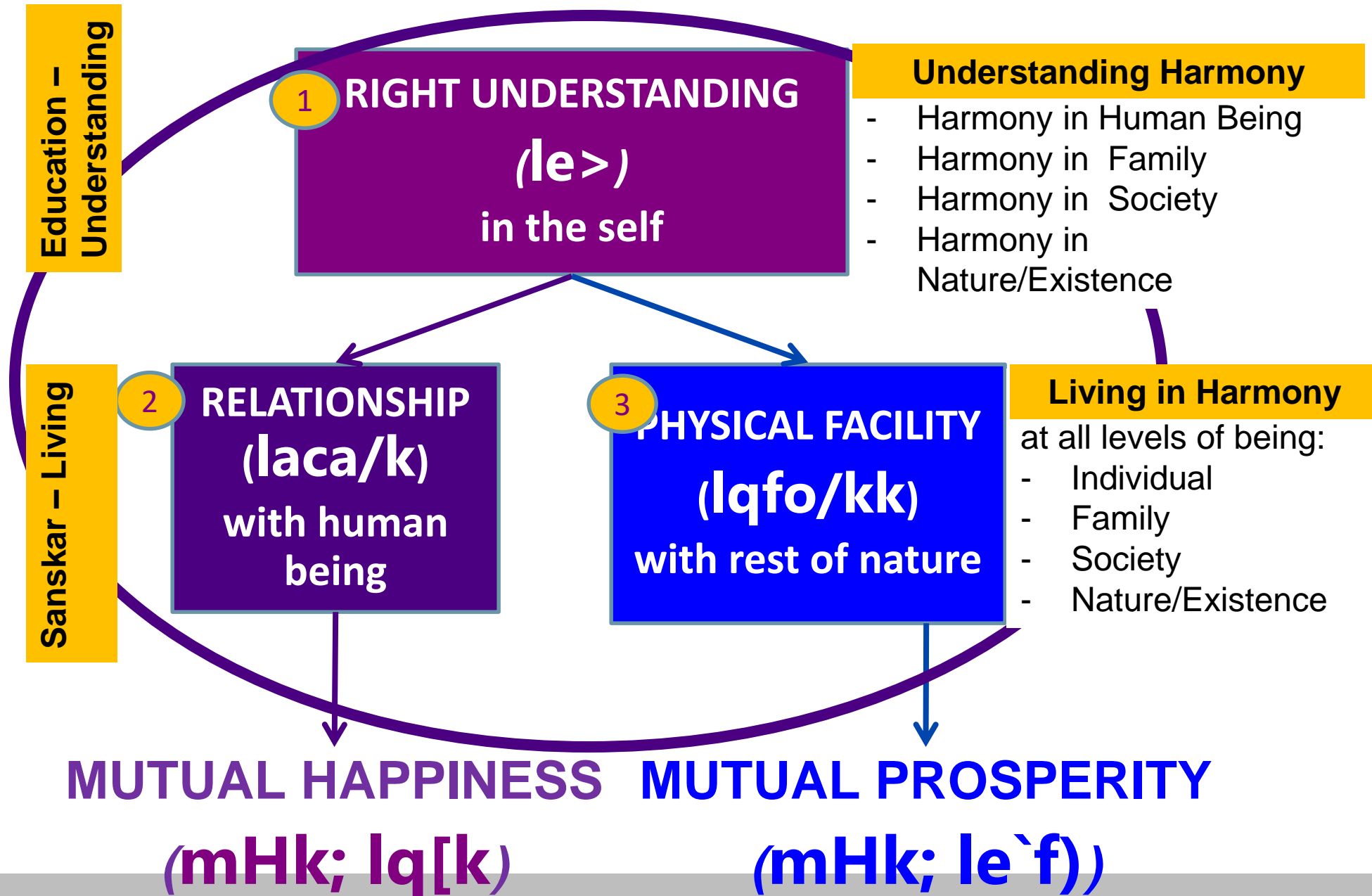
Most of the problems we see around us are really only the symptoms of human beings not living with human consciousness

The basic effort is required to ensure human consciousness  
(through human education)



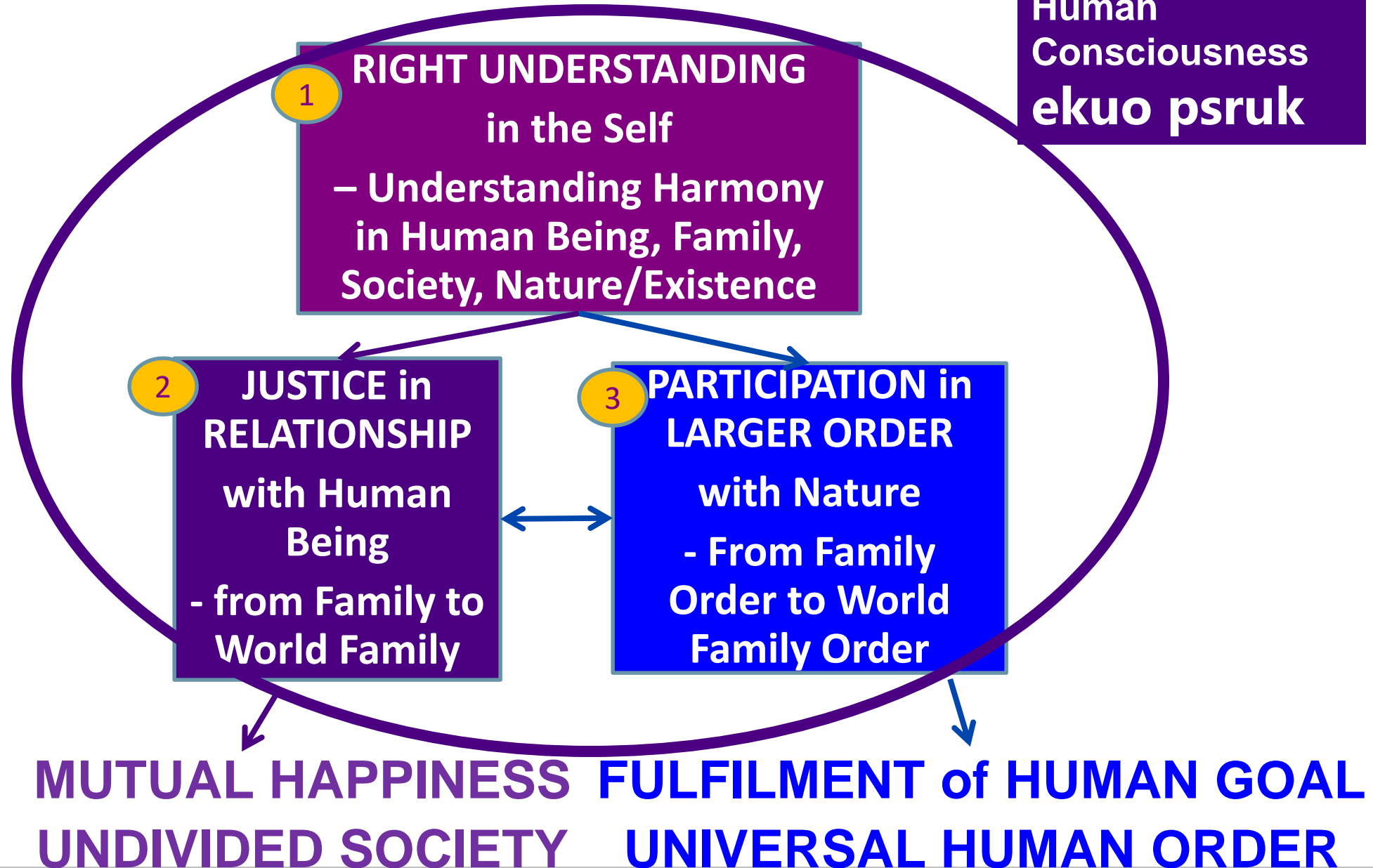
Ultimately it will result in a human tradition,  
in which the human goal is fulfilled for all,  
generation after generation





# Societal implications of living with Human Consciousness

Human  
Consciousness  
ekuo psruk



# Self Reflection

Can you see that you have the faculty of natural acceptance?

- It is innate, a part and parcel of our being
- It is invariant, uncorrupted by pre-conditioning
- It is definite

Find out how you feel when your desire is in accordance with your natural acceptance – happy or unhappy?

# Sum Up

- Basic aspiration of a human being is continuity of happiness and prosperity.
- Fulfilment of the basic aspiration requires right understanding, relationship and physical facility with the correct priority
- If a person is working only for physical facilities, then he/she is living with animal consciousness
- If a person is working for all the three, i.e. right understanding, relationship and physical facility with the correct priority, then he/she is living with human consciousness.
- Transformation from animal consciousness to human consciousness is holistic development.

## Practice Session after Lecture 4

- Watch the video “Story of Stuff”. It is a documentary about the materials economy – its motivation, process and outcome. It has been produced by a set of concerned people at [storyofstuff.org](http://storyofstuff.org), USA (source: <http://storyofstuff.org/movies/story-of-stuff/>). Discuss
  - The activities and efforts made by the people shown in the video
  - The outcomes of these efforts
  - How their activities are motivated by their notion of happiness (physical facility = happiness. More shopping, physical facility = more happiness)? Is this and any other notions of happiness their own notions or they are programmed by advertisements, others? Does this notion seem to be true or is it getting the people into the loop of more and more physical facility only?
  - Do reflect on your own notion of happiness – is it your own notion or is it borrowed from others?
- Make a list of your desires. Now for each item on the list, find out what would be necessary to fulfil it, i.e. will it require:
  - Right understanding?
  - Relationship (right feeling)?
  - Physical facility?

(observations on the next slide)

## Practice Session after Lecture 4...

- If it requires more than one of these, mark which one is the higher priority. Explain your conclusion from this exercise.
- Can all your aspirations be fulfilled just by physical facility?
- Is right understanding required for the fulfilment of none, some or all of your aspirations?
- Is relationship required for the fulfilment of none, some or all of your aspirations?
- Can one be substituted for the other (e.g. can right understanding be substituted by physical facility). If they are distinct things, what are their key characteristics (or what are the key differences between right understanding, relationship and physical facility)?
- What is the priority order of these three?
- In your education, should all three be included? To put it another way, should your education be only about skills or should it be about skills that are guided by human values?
- The problems that you see around you – are they more due to lack of physical facility or more due to lack of right understanding and right feeling?
- Keep this list handy, because we intend to use the same list in future practice sessions as well.



## Expected Outcome

- The students start finding that right understanding is the basic need of human being; followed by relationship and physical facility. Understanding about all these three needs to be included in education. In fact, technical education without inculcation of human values can generate more problems than solutions.
- They appreciate the need to understand happiness and make a programme for it.
- They also start feeling that lack of understanding of human values is the root cause of all problems and the sustained solution could emerge only through understanding of human values and value-based living.



# FAQs for Lecture 4

Holistic Development and the Role of Education

Right Understanding, Relationship and Physical Facility

# Questions

- If we all become happy, development will stop, isn't it?
- I think physical facility is most basic and important human need. Even Maslow's hierarchy of needs puts physical needs at the base. How can you say that RU is the first priority?
- For a person dying of hunger, what is the first priority?
- Animals also need relationship. How can we say that animals need only physical facilities?
- ...



# Self Reflection